Lancashire and South Cumbria Integrated Care Board

Medicines Matters

Issue 13 – 26th June 2025

The following new content has been uploaded to the Medicines Optimisation site on the Primary Care intranet up to the date of this circulation and can be accessed here <u>Medicines optimisation – Lancashire and South Cumbria Primary</u> Care Intranet

Prescribing guidance – Lancashire and South Cumbria Primary Care Intranet

- Medicines Matters bulletin issue 9 MO intranet monthly round up May 25
- Medicines Matters bulletin issue 10 GLP1'S and contraception safety update June 2025
- Medicines Matters bulletin issue 11– <u>GLP1 quick reference guide June 2025</u>
- Medicines Matters bulletin issue 12 Formulary Update June 25 v2

Non-medical prescribing – Lancashire and South Cumbria Primary Care Intranet

- LSCICB Non-Medical Prescribing Policy LSCICB MM05 Non Medical Prescribing Policy V3
- Lancashire & South Cumbria NMP Annual Declaration form –
 Lancashire & South Cumbria NMP Annual Declaration form 2025-27

LES Resources 2025 2026 – Lancashire and South Cumbria Primary Care Intranet

- Eclipse RADAR Alerts (MO LES CORE area) Training Session Recording 22nd May 2025
- Respiratory Reducing SABA prescribing: links to tools and guidance Reducing SABA resources June 25

Supply issues – Lancashire and South Cumbria Primary Care Intranet

 North West guidance has been produced to support prescribers and community pharmacies in managing medicines shortages for patients - <u>NW Meds Shortages V1.2 Updated May 2025</u>

<u>Clinical areas – Lancashire and South Cumbria Primary Care Intranet</u> - Central nervous system and dependence forming meds

- Link to the formulary for LSCMMG resources to support opioid reduction/treatment -Lancashire and South Cumbria Formulary
- Central Lancashire local services to support patients
 - <u>Smile Preston</u> A local Preston Charity providing a friendly environment of support and advice to members of all ages within the community suffering with chronic pain.
 - <u>Community Roots</u> focus is a little different to traditional models of health care, focusing on preventing ill health, living well with a diagnosis and connecting people to a wide variety of opportunities and support in their local community
- South Cumbria and North Lancs local services to support patients
 - <u>Furness For You</u> dedicated to helping community members stay engaged and connected with everything available in Furness neighbourhoods.
- <u>Community of Practice recordings</u>
 - 2nd October 2024 Discussion of Opioid reduction work in the Morecambe Bay area, as well as a Fylde Coast Case Study and update on Pain Café in Millom.
 - 15th January 2025 Discussion on the management of Fibromyalgia and peri menopause, the differentials between the two and diagnosis and treatment of fibromyalgia
 - 23rd April 2025 Discussion around the benefits of physical activity to help prevent and manage pain for long term health conditions and the Escape Pain Pathway